

# December 2008

## Buchanan Middle School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>1</b> Brft: Cereal & Donut Lunch 2 Bosco Sticks Spaghetti & Cheese Sauces Asparagus Cuts Sliced Peaches Or Br. Chicken^Sandwich^ & Fries	<b>2</b> Brft: 8 Mini Pancakes Sausage & Syrup Lunch 3 Br. Chicken Tenders Seasoned Fries Corn Bread Salad; Granola Bar Catsup, Honey, BBQ Sauce Or Hamburger on Bun^ & Fries	<b>3</b> Brft: Cereal & Super Bun Lunch Nacho Beef w/Chips^ or Burrito Romaine, Tomato, Salsa NF Sour Cream, Cheese Sauce Apple Slices w/Caramel Dip Goldfish Crackers	<b>4</b> Brft: Hot Pocket Lunch Macaroni & Cheese Green Beans Very Berry Gelatin Salad Asst. Bread w/Country Crock Or Sub Sandwich w/Fries	<b>5</b> Brft: Cereal & Clodhopper Lunch Pizza Bagel Mixed Vegetable Pineapple Tidbits Ice Cream Cup Or Chicken Sandwich w/Hash Br.
<b>8</b> Brft: Cereal & String Cheese Lunch 6 Mini Corn Dogs 4 Potato Smiles; Catsup Fruit Cocktail Crispy Rice Treat Or Br.Chicken^Sandwich^/ Smiles	<b>9</b> Brft: French Toast; Syrup Lunch Popcorn Chicken or Shrimp Orange Rice Pilaf^; BBQ Sauce Stir Fry Vegetables Mandarin Oranges Dinner Roll^ w/Country Crock Or Hamburger on Bun^ & Fries	<b>10</b> Brft: Cereal & Muffin Lunch Nacho Bar w/choice of Beef, Chicken, Chips^ or Gordita^ Romaine, Tomato, Salsa NF Sour Cream, Cheese Sauce Petite Banana Scooby Snack	<b>11</b> Brft: Hot Pocket Lunch Chicken Salad Croissant or Turkey Sub Sandwich^ Romaine, Tomato, Pickles Mustard, Dressing, Olives Vegetable Soup & Salad Sun Chips	<b>12</b> Brft: Cereal & Pop Tart^ Lunch Salisbury Steak Mashed Potatoes & Gravy Kiwi Fruit Bowl Strawberry Shortcake Whip Topping Or Chicken Sandwich w/Fries
<b>15</b> Brft: Cereal & Donut Lunch 5 Br. Mozzarella Sticks Steamed Broccoli Cheese & Spaghetti Sauces Cinnamon Applesauce Chilled Pudding Cup Or Br.Chix^ Sandwich^& Fries	<b>16</b> Brft: Pancake Wrap Lunch 3 Br. Chicken Tenders Seasoned Fries Catsup, Honey, BBQ Sauce Pineapple Tidbits Chocolate Chip Cookie^ Or Hamburger on Bun^ & Fries	<b>17</b> Brft: Cereal & Super Bun Lunch Nacho Beef w.Chips^ or Quesadilla Romaine, Tomato, Salsa NF Sour Cream, Cheese Sauce Fresh Baked Breadstick Grapes	<b>18</b> Brft: Hot Pocket Lunch Pizza Bar Salad w/RC Dressing Garbanzo Beans Peaches Or Sub Sandwich w/Fries	<b>19</b> Brft: Cereal & Clodhopper Lunch BBQ Chicken Mashed Potatoes & Gravy Stuffing Green Bean Casserole Dinner Roll^ w/Country Crock Pumpkin Dessert
<b>22</b> Winter Break Begins	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>29</b> Milk Choices 1% chocolate 1% strawberry 2% white skim  Ala Carte Milk is .40	<b>30</b> Breakfast Prices Includes milk Student \$1; reduced .30 Adult \$1.25	<b>31</b> Lunch Prices Includes milk Student \$1.80; reduced .40 Deposit \$36 and receive a free lunch Adult \$2.45 Deposit \$49 and receive a free lunch	<b>Food Safety Reminder</b>  Avoid the temptation to eat raw cookie dough. Most contains raw eggs, which can carry salmonella bacteria that is not killed until the cookies are baked.	<i>Please save this menu. January's menu is on the other side</i>

Breakfast Sandwiches  
Available Daily

Other Lunch Options:  
Pizza  
Salad Bar

^whole grain product

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