

“He never sat still, he never shut up, he would never stop asking questions. His teachers told me he didn’t have a future because he couldn’t focus on anything....”

–Debbie Phelps, mom of Olympic champion Michael Phelps (diagnosed with ADHD as a child)

PARENTS!

Do the above words sound all too familiar to you? Are school, homework and family life a wreck because your child can’t “stay on task”? Are friendships, hobbies and sports disastrous for your child? Do you feel like a failure as a parent/guardian because you don’t know what to do anymore?

Help is on the way!

WHAT: An ADD/ADHD support group has been formed just for you, by a parent and for parents.

WHEN: The group will meet the 2nd Wednesday of each month, with the next date being Oct. 8, from 7-9 p.m.

WHERE: Berrien RESA, (formerly the ISD), in conference room B. Snacks and most importantly chocolate, WILL be provided!

WHY: Children with these issues face frustration every day, and as parents we need information and validation as to the best way to cope. Nobody can do this better than the people who have been there!

HOW: The format is going to be informal and created by input from participants. The goal will be to provide productive ideas for those attending. The purpose of the group is to provide constructive conversations relative to this issue, not discuss specific personal situations. My vision is for group members to be mentors for one another, and to feel relief and comfort when they discover they are not alone in dealing with whatever particular problems they are facing. Together, we can make change happen.

WHO to contact: Ellen Cassidy: home phone 426-3247, cell: 426-0463. Email: ecassidy@remc11.k12.mi.us

I am no politician...but it truly DOES take a village to raise a child. Please come, and even if you can’t, spread the word! THANK YOU!!!!